

## **PRAY: Pause, Rejoice, Ask, Yield**

### **Pause:**

**“May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit.”**

**Romans 15:13**

### **Rejoice:**

“Shout with joy to the Lord, all the earth!

Worship the Lord with gladness.

Come before Him, singing with joy.

Acknowledge that the Lord is God!

He made us, and we are His.

We are His people, the sheep of His pasture.

Enter His gates with thanksgiving,

go into His courts with praise.

Give thanks to Him and praise His Name.

For the Lord is good.

His unfailing love continues forever, and His faithfulness continues to each generation.”

**Psalm 100**

**“God is love, and all who live in love live in God, and God lives in them. Such love has no fear, because perfect love expels all fear.”**

1 John 4:16&18

**Let us give thanks:**

- that God ‘is far above any ruler or authority or power or leader or anything else – not only in this world, but also in the world to come.’ Ephesians 1:21
- that He ‘has put all things under the authority of Christ.’ Ephesians 1:22
- for all those giving their expertise, dedication and hard work at this difficult and unprecedented time

**Ask**

**Let us pray:**

- that the coronavirus will recede
- for each person affected by coronavirus and for those who have lost a loved one
- for those in leadership making the decisions about the response to the daily changing situation

- for discernment and wisdom to put in the right measures which do not cause panic nor encourage complacency
- that people will not be afraid
- for ongoing research into a vaccine
- for those working in our health services and those in services which provide essential supplies
- about the steps we need to take to care about and look after each other, especially the elderly, vulnerable and isolated in our communities

*Father God, please bring comfort to those who have lost loved ones, healing to those who are sick, strength to those who are caring for them, and wisdom to those who are organising the response.*

*We pray for developing countries, where life for so many was difficult even before this outbreak. Please protect the vulnerable and limit the spread of the disease.*

*We lift up Tearfund and other organisations working to serve people in poverty. We pray that the virus will not restrict their ability to reach people in need.*

*Lord, hear our prayer, and bring an end to this outbreak.*

*In Jesus' Name, Amen*

**“So let’s not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don’t give up.” Galatians 6:9**

A spotlight on **Zimbabwe**: 5.7 million people living in extreme poverty; 2.3 million people in rural areas need emergency food aid; food prices have doubled since June 2019, pushing inflation to 175.66%

Please pray for Tearfund’s **Church and Community Transformation** initiative. The purpose of this initiative is to release the potential of individuals, churches and communities to overcome poverty themselves, rather than depending on agencies to do it for them.

**Let us pray:**

- for the Evangelical Fellowship of Zimbabwe (EFZ) which empowers children left vulnerable after losing their parents
- for the training EFZ provides to church members so they will know how to respond even in the most difficult situations

*Lord Jesus, we bring to you, all vulnerable people in Zimbabwe, who face challenges that are hard to imagine. Please be close to them, encourage and provide for their every need. Bless the work of Tearfund and its partners in supporting them. In your precious Name we pray.*

*Amen*

**Yield**

Let us pray together **The Lord's Prayer**

**Our Father in heaven,  
hallowed be your Name,  
Your kingdom come, your will be done,  
on earth as it is in heaven.**

**Give us today our daily bread and forgive us our  
sins as we forgive those who sin against us.**

**Lead us not into temptation but deliver us from evil,  
For the kingdom, the power and the glory are yours,  
now and for ever.**

**Amen**